MATEO HEALTH

Peptide Spray Collection

2026 COLLECTION

Fourteen needle-free peptide sprays for energy, recovery, sleep, focus and more.



POWERED BY

OpenEye's Nano-Encapsulation & Delivery Technology

WHY A SPRAY

All the benefits of peptides. None of the needles.

Peptides are small chains of amino acids your body already uses as signals: for recovery, energy, sleep, appetite and more. Until now, the best ones came in a vial and a syringe. Mateo Health puts them in a bottle you can carry anywhere.

1 No needle

A few sprays under the tongue or in the nose. No injections, no bruises, no sharps.

2 Designed to absorb

Each peptide is nano-encapsulated so it crosses into the body through the mouth or nose instead of being digested.

3 No refrigerator

Shelf-stable for 12 months at room temperature. Gym bag, desk drawer, carry-on.

4 Exact every time

100 metered sprays per bottle. Three sprays is one serving. Nothing to mix or measure.

5 Tested every lot

Every batch is checked by an independent lab for identity, strength and purity.

6 Made in the USA

Formulated and bottled in an FDA-registered, cGMP facility in Florida.

9 in 10 patients in a published study preferred a needle-free option over an injection. About one in four adults fears needles, and one in six has put off care because of it.[LIT]

HOW TO USE

Three sprays. That's it.

Oral sprays

1. **Twist**
   Rotate the nozzle clockwise to open it.
2. **Spray**
   3 sprays under the tongue (one serving).
3. **Hold**
   Wait 1 minute before swallowing.
4. **Wait**
   Wait 15 minutes before eating or drinking.

Nasal sprays

1. **Open**
   Remove the lid.
2. **Prime**
   Pump 2–3 times before the first use.
3. **Spray**
   3 sprays, alternating nostrils (one serving).
4. **Leave it**
   Don't blow your nose for 15 minutes.

33
servings in every bottle

12 mo
shelf life, no refrigeration

99.8%+
purity, verified by an independent lab

Make it a habit

Take it at the same time every day, wherever you are: on the counter by your coffee, in your bag, on your desk. Consistency is what you'll feel.

Check the lot

Every bottle carries a lot number and best-by date. Each lot has a certificate of analysis from an independent laboratory, available on request.

Talk to your healthcare provider before starting any new product, especially if you are pregnant or nursing, take medication, or have a medical condition.

FIND YOUR SPRAY

Start with what you want to feel.

Fourteen sprays, organized by goal. Most people start with one and add a second once it's part of their routine.

R — Recovery
Train hard, heal faster.
BPC-157 + TB-500

S — Skin & Hair
Firmer skin, healthier hair.
GHK-Cu

J — Joints
Comfort and mobility.
Cartalax

W — Weight & Metabolism
Appetite and weight goals.
GLP-3R, GLP-2T

E — Energy & Longevity
Cellular energy and healthy aging.
MOTS-c + SS-31, NAD+, Ipamorelin + CJC-1295

I — Immune
Year-round resilience.
Thymosin Alpha-1

F — Focus & Mood
Clarity, calm and balance.
Semax + Selank 10/10 mg, Semax + Selank 20/20 mg, PE-22-28

S — Sleep
Deeper, more restful sleep.
DSIP

I — Intimacy
Desire and connection.
PT-141 + Oxytocin



NOT SURE WHERE TO START?

Start with the flagship: MOTS-c + SS-31.

Two mitochondrial peptides for energy, endurance, recovery and healthy aging, all in one easy bottle.



RECOVERY

BPC-157 + TB-500

20/20 mg Oral Spray

Bounce back faster.

The two most popular recovery peptides in one bottle, for people who train hard, heal slowly, or want their joints and gut to keep up.

- Supports recovery after training
- Supports joint, tendon and muscle comfort
- Supports a healthy gut lining

Great for: Athletes, active adults and anyone rebuilding after a hard season.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration



SKIN & HAIR

GHK-Cu

50 mg Oral Spray

Glow from within.

The copper peptide behind the skin-care trend, taken from the inside so it works where creams can't reach.

- Supports skin firmness and elasticity
- Supports thicker, healthier-looking hair
- Supports the body's natural collagen production

Great for: Anyone who wants skin, hair and nails that look as good as they feel.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration



JOINTS

Cartalax

10 mg Oral Spray

Move like you used to.

A short bioregulator peptide for the joints and cartilage that take the hardest beating over time.

- Supports joint comfort and mobility
- Supports healthy cartilage
- Supports connective tissue as you age

Great for: Active adults, lifters and runners who want their joints to last.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration



WEIGHT & METABOLISM

GLP-3R

20 mg Oral Spray

Take control of appetite.

A triple-pathway metabolic peptide for people working on appetite, cravings and their weight goals.

- Supports appetite control and fullness
- Supports healthy weight-management goals
- Supports healthy metabolism

Great for: Adults following a provider-guided weight-management plan.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration



WEIGHT & METABOLISM

GLP-2T

20 mg Oral Spray

Feel full, stay on track.

A dual-pathway metabolic peptide that helps you feel satisfied sooner, without a weekly injection.

- Supports appetite control and fullness
- Supports healthy blood-sugar levels already in the normal range
- Supports healthy weight-management goals

Great for: Adults following a provider-guided weight-management plan.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration

FLAGSHIP



ENERGY & LONGEVITY

MOTS-c + SS-31

25/25 mg Oral Spray

Power at the cellular level.

Our flagship: two mitochondrial peptides that work on the engines inside every cell, for energy, endurance, recovery and healthy aging in one easy bottle.

- Supports cellular energy and endurance
- Supports recovery from training
- Supports healthy aging

Great for: Anyone who wants more energy today and more years of it.

How to use: 3 sprays under the tongue · hold 1 minute, then swallow.

Needle-free | 33 servings | No refrigeration



ENERGY & LONGEVITY

NAD+

500 mg Nasal Spray

Recharge your cells.

The coenzyme every cell runs on, which naturally declines with age. All the benefit people seek from NAD+ drips, without the drip.

- Supports cellular energy
- Supports mental clarity and focus
- Supports healthy aging

Great for: Busy people who want IV-level NAD+ support on their own schedule.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



ENERGY & LONGEVITY

Ipamorelin + CJC-1295

10/5 mg Nasal Spray

Wake up restored.

A classic pairing that supports your body's own growth-hormone rhythm, for deeper sleep, better recovery and a leaner build.

- Supports your natural growth-hormone rhythm
- Supports restful sleep and recovery
- Supports lean body composition

Great for: Adults 35+ focused on recovery, sleep and body composition.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



IMMUNE

Thymosin Alpha-1

10 mg Nasal Spray

Stay resilient.

A thymus-derived peptide that supports the body's own immune balance, all year long.

- Supports healthy immune function
- Supports immune resilience as you age
- Supports seasonal wellness

Great for: Frequent travelers, busy parents and anyone who can't afford to slow down.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



FOCUS & MOOD

Semax + Selank

10/10 mg Nasal Spray

Clear head, calm mind.

Two nootropic peptides in one spray: one for focus, one for calm, so you can think clearly without feeling wired.

- Supports focus and mental clarity
- Supports a calm, balanced mood
- Supports memory and learning

Great for: Professionals, students and anyone with a lot on their mind.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



FOCUS & MOOD

Semax + Selank

20/20 mg Nasal Spray

Focus, at full strength.

The same focus-and-calm pair at double strength, for people who already know what Semax + Selank does for them.

- Supports focus under pressure
- Supports a calm, balanced mood
- Twice the amount per spray

Great for: Experienced users stepping up from the 10/10 mg strength.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



FOCUS & MOOD

PE-22-28

10 mg Nasal Spray

Lift your outlook.

A next-generation peptide for emotional balance, for days that feel heavier than they should.

- Supports a positive, balanced mood
- Supports emotional resilience
- Supports healthy brain function

Great for: Adults looking for everyday mood support.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



SLEEP

DSIP

10 mg Nasal Spray

Sleep deeper.

A naturally occurring sleep peptide for the deep, restorative sleep stage most adults don't get enough of.

- Supports deep, restful sleep
- Supports a healthy stress response
- Supports waking up refreshed

Great for: Light sleepers, shift workers and stressed-out high performers.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration



INTIMACY

PT-141 + Oxytocin

20/10 mg Nasal Spray

Rekindle the spark.

A pairing for desire and connection: one peptide for the spark, one for the closeness.

- Supports healthy desire
- Supports feelings of closeness and connection
- For men and women

Great for: Adults and couples who want to feel more connected.

How to use: 3 sprays, alternating nostrils · don't blow your nose for 15 minutes.

Needle-free | 33 servings | No refrigeration

QUESTIONS

Good questions.

Is it really needle-free?

Yes. Every product is a spray taken under the tongue or in the nose.

Do I need to refrigerate it?

No. Bottles are shelf-stable for 12 months at room temperature. Keep them out of direct heat.

How long does a bottle last?

Each bottle holds 33 servings of 3 sprays, about a month at one serving a day.

Can I use more than one?

Many people pair products, like an energy spray in the morning and a sleep spray at night. Ask your provider which combination fits you.

How do I know what's inside?

Every lot is tested by an independent laboratory for identity, strength and purity, and the lot number is printed on your bottle.

How well does a spray work compared with an injection?

Our internal estimate is that the sprays deliver roughly 80% of the effect of an injection, milligram for milligram. This is an estimate, not the result of a formal pharmacokinetic study. It is based on three things: the formulation design (nano-encapsulation, mucoadhesive agents and permeation enhancers, technologies that published research shows improve absorption through the mouth and nose), feedback from people who have used both the injection and the spray of the same peptide, and blood-panel markers that providers have tracked in people who switched from injection to spray. Formal absorption testing is in discussion with independent research bureaus, and we will share the results when they are available. Your provider will start you at the dose that matches your injection and adjust based on how you respond and your labs.

Where is it made?

In the USA, in an FDA-registered, cGMP-compliant facility in Palm Beach County, Florida.

MATEO HEALTH

Ready when you are.

Order from Mateo Health or ask your provider. Prices are on the current Mateo Health price list.

POWERED BY

OpenEye's Nano-Encapsulation & Delivery Technology

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. Consult your healthcare provider before use, especially if pregnant, nursing, taking medication or managing a medical condition. Keep out of reach of children. Individual results vary. Needle-preference figures: Igarashi A et al., Adv Ther 2020; McLenon J, Rogers MAM, J Adv Nurs 2019. Manufactured in the USA by OpenEye Labs.